

Hormone Replacement Therapy

Striking a Balance

You benefit the most when all hormones are balanced.

Benefits of Estrogen

- Decreases risk of heart disease and osteoporosis
- Decreases hot flashes and night sweats
- Increases breast fullness
- Improves bladder control
- Increases vaginal tone and lubrication
- Improves mental foggy and forgetfulness
- Improves fatigue and depression

Benefits of Progesterone

- Decreases risk of heart disease, osteoporosis and breast cancer
- Promotes calmness and sleep
- Prevents anxiety, panic attacks, sleep disturbances, PMS
- Reduces hot flashes
- Reduces water retention
- Controls menstrual bleeding

Benefits of Testosterone

- Increases libido
- Promotes metabolism, muscle retention, stamina
- Decreases risk of osteoporosis and breast cancer
- Increases or maintains brain function
- Helps to improve memory and problem solving
- Improves mood



Contact us today at 801-515-6048

or schedule an evaluation online at

www.mmpharmacy.com/hormones